



## Special informations

# Endoscopic procederes

This note introduces you to a established center for outpatient care in Bitburg and vicinity. It is the first ambulatory endoscopy center inside a hospital to be certified by Tricare and by the German Accreditation Association for Ambulatory Health Care in the surrounding 100 miles.

All talks will be in English, you will receive a English report immediately after consultation. We provide expert endoscopic care with up-to-date technical equipment of a hospital as well as internal medicine in an exclusive and private atmosphere.

### **We have 2 locations for our activities**

At the newly - opened immaculate endoscopy unit of the Bitburg hospital, we offer comprehensive services for endoscopic procedures (upper intestinal endoscopy, colonoscopy, capsule endoscopy) using the most advanced equipment. Our caring and trained staff are equipped to provide a comfortable environment with the outmost respect for your privacy. Patients are kept pain free with the use of intravenous sedation, individually measured for each patient.

At Karenweg 6 in Bitburg centre, we have a new modern office for:

- consultation
- pretest talk for colonoscopy
- complete internal work up (Color Ultrasound, exercise ECG, lung function,lab)
- in association with a family practice which can meet your individual medical needs and enquiries fully in English.

Our modern concept has elicited much praise as we offer medical services that match the best available in the most advanced US clinical centres.

### **Check list for making the appointment**

**What is needed:** Consultation? Endoscopy? Ultrasound? Vascular or cardiac check up?

**If Endoscopy:** Regular or Urgent (bleeding? acute abdominal pain?)

- If gastroscopy: appointment for the procedure at the hospital endoscopy unit
- If colonoscopy: appointment for the pretest talk at the hospital endoscopy unit (urgent) or at the office in Karenweg (regular)



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**Organisation:** referral or own insurance? Your phone?

To schedule a appointment please call the special US Patient phone No.: 06561- 604 9999 for service in English.

### **SPECIAL Information on Endoscopic procedures**

#### **Gastroscopy**

Gastroscopy is a procedure to examine the upper part of your gastrointestinal system (esophagus, stomach and duodenum) using a thin flexible tube with its own lens and light source. It is needed to clarify: swallowing difficulties, nausea, vomiting, reflux, bleeding, indigestion, abdominal pain or chest pain.

The physician can see abnormalities that don't show up on x-rays. Biopsies are taken, abnormal findings can be removed, bleeding lesions stopped. Most consider the test to be minimally uncomfortable and fall asleep during the procedure which takes only about 5 minutes.

**Paper work:** Please bring referral form and reports from previous examinations.  
All US insurances pay for endoscopy.

#### **The day before**

No meals after 6 p.m., no drinks or tablets (except heart or blood pressure medication) after 11 p.m., a small sip of water is ok.

#### **Where to go?**

Examination are performed at the endoscopy department at the Bitburg Hospital located in the 3rd floor of the main building. Follow our signs "Endoskopie / Praxis Dr Aurora".

Take either the main stair case of the main building all the way to the top floor or use the elevator. On the 3rd floor you will see a neon sign "Endoskopie" to the left and "Oncology" to the right, where you will find the check-in-desk.



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### **Arrangements to get home**

Sedation used for endoscopic procedures include Midazolam (similar to valium) and Propofol. These medications are used for “conscious sedation”, provide pain relief, but may cause short term amnesia. Patients are not allowed to drive or work for the rest of the day and you are to be escorted.

### **What to expect?**

After filling out the consent form your personal patient history will be taken in English and your questions answered.

Preparation begins with spraying your throat with a local anesthetic. Monitoring devices for blood oxygen level, blood pressure and puls will be adjusted and you will receive an iv. While you are in a comfortable position on your side, you will be asked to swallow as if you wanted to take a drink.